

Karmen Kerr-Riley

Re: Grant Chiropractic Testimonial

Prior to coming to Dr. Bart, I was experiencing dull pain at the base of my skull on a daily basis & extreme pain in my right shoulder. The pain in my shoulder had escalated to the point that I was considering having it evaluated by an orthopedic doctor. Because of the physical demands of my job, I was willing to try anything short of surgery so that I could continue to work.

Upon my first visit with Dr. Bart, I was pleasantly surprised by the thorough evaluation that was performed. A series of screenings, along with x-rays, were completed so that Dr. Bart could really determine what was going on with my spine & where the problem areas were. I was then scheduled for a follow up exam where Dr. Bart provided me a detailed explanation of my current state of health, a clear goal of where he would like me to be, & a suggested plan of action to get there.

I am now over a year into my wellness plan with Dr. Bart & I can honestly say that since my very first adjustment with him the pain at the base of my skull has completely subsided & my shoulder is functioning at one hundred percent...no surgery necessary!!

What I learned from Dr. Bart is that our spine is responsible for making sure that every other part of our body functions at its best, so when the spine is not in alignment we start experiencing the effects of that elsewhere. Lesson learned for me...the next time you think of popping a pill or running to the doctor because of something that's ailing you, consider the possibility that you may be out of alignment & all that really needs to take place is healing your body from the inside, out!!

*Karmen K. Kerr-Riley*

